



RUBENSTEIN PUBLIC RELATIONS, INC.



Winter 2008

spa NATIVE NURTURING

Indigenous ingredients are the rage at the new Cygalle Healing Spa at Casa de Campo (below), in the Dominican Republic. From the exfoliating serum (employing the island's sugarcane) to the body scrub (concocted with enzyme-rich papaya), all the products are sui generis; some, like the lemon soy cleansing lotion, are whipped up fresh each day. The eco-friendly spa, tucked among palm trees, is constructed of native bamboo and river stones; each of its eight suites has its own changing room and shower. Opt for the Aztec scrub, which uses milled organic cornmeal and cocoa butter-infused vanilla. Then, fruity drink in hand, you'll have attained total tropical balance. 809-523-8529; cygallehealingspa.com.

~JEFFREY PODOLSKY

